

## REALITY IS BEYOND EVERYTHING

What is reality? You might say reality is what you see around, if this is your answer, just ask yourself what your inner says....yes we all know what around us is just a belief, we were believing Pluto is the planet, but now we know it was not the reality, in our surrounding every people have their own beliefs, and belief is not reality, we see around us.. the tree is out there dancing with breezes, we can see... yes that is reality, out there... There is a tree, out there... there is a Sun, but how many moments you were aware of the Sun... how many moments you were aware of the tree, it is surprising that we are not aware of the reality which we believe reality, even we are not aware of fake reality, fake reality? It is the fake reality for us if we are not aware of it, so can we be aware of it.... Very simple...just be aware of yourself, we can not see existence if we are not aware of ourself, trees and the Sun are a reality but we are beyond, so we are the first reality ahead of existence including tree and the Sun, if we are aware of ourself, we will be aware of the whole existence, all the time we will have awareness about the surrounding, you will know there is an existence around you, you will be aware of the surrounding where ever you are, so we are the first reality, beyond everything.

Aasthit